



अणुव्रत अमृत महोत्सव के गौरवशाली अवसर पर  
अणुव्रत विश्व भारती सोसायटी  
की प्रस्तुति  
**अणुव्रत गीत महासंगान**



**18**  
जनवरी  
2024



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To,  
Shri/Smt.

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Subject : INVITATION FOR PARTICIPATION IN 'ANUVRAT GEET MAHASANGAAN' PROGRAMME.

Respected Sir,

In late 40s, when India got its independence, the fire of communal violence left the humanity bleeding. The world had also not recovered from the wounds of the II World War. At that time, in order to strengthen the spirit of human character and develop self-discipline, the great saint of the 20th century, Acharya Tulsi, gave a clarion call by initiating Anuvrat Movement. The central philosophy of this movement is "Restraint is life". From the common man to the top leadership of the country and the world, including the United Nations considered the philosophy of Anuvrata useful for human upliftment. Presently, Anuvrat Movement is celebrating its Amrit Mahotsav i.e Platinum Jubilee on the completion of its 75 years of glorious history.

Anuvrat Vishwa Bharti Society, popularly known as Anuvibha, is an international organization working with the basic goal of creating an ideal society based on human values. This organization is affiliated with the Civil Society Department of the United Nations. Anuvrat Movement has a strong organization in the form of Anuvrat centers in more than 200 cities and towns in India, with thousands of people associated with it. Anuvibha is also networked with like-minded organizations and individuals in more than 40 countries.

The Anuvrat Song written by Acharya Tulsi, the founder of the Anuvrat movement, is an excellent reflection of the humanistic philosophy of Anuvrat. This song, which has been sung in prayers in large number of homes, schools and other gatherings for the last 7 decades, has become a medium to transform the lives of millions of people. It has been planned that on January 18, 2024 around 10 million people will sing this song at thousands of places in India and abroad. It is believed that the positive vibrations of this inspirational song will definitely vibrate our personal and social consciousness and will contribute to the creation of a non-violent and peace-loving society.

You are humbly requested to sing the song Anuvrat at your center or in your family on January 18, 2024 and send us a video and 2-3 photographs of it. Transliteration of the Anuvrat Song in English language and audio of the tune of the song is being sent for your convenience. Hope, you will surely join us in this noble act of spreading positivity in the world.

President

Secretary

Organised by : **ANUVRAT SAMITI / TYP.....**



**अणुविभा समन्वय कक्ष सूरत**

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